

# Community Helpers: Who Keeps Us Safe and Healthy?

## Materials Needed:

- Picture book about community helpers (e.g., "Whose Hands Are These?" by Miranda Paul, "Clothesline Clues to Jobs People Do" by Kathryn Heling, or similar)
- Pictures or flashcards of various community helpers (firefighter, doctor, police officer, teacher, mail carrier, construction worker, etc.)
- Pictures or flashcards of tools used by community helpers (hose, stethoscope, badge, whistle, mailbag, hammer, etc.)
- Construction paper (various colors)
- Crayons or markers
- Child-safe scissors
- Glue stick
- Optional: Dress-up clothes related to community helpers (hats, vests)
- Optional: Simple community helper song (audio link or lyrics)

## Lesson Activities:

### Introduction (5 minutes)

Begin by asking the student: "Who are the special people who help us in our town or neighborhood?" Show pictures/flashcards of a few familiar community helpers like a firefighter, doctor, and police officer. Ask, "Do you know who this is? What job do you think they do to help us?" Introduce the term "community helpers."

### Activity 1: Community Helper Story Time (10 minutes)

Read the chosen picture book about community helpers aloud. Engage the student by pointing to the pictures, asking questions about the characters and their actions, such as: "Look, what is the mail carrier delivering?" or "Why does the doctor need a stethoscope?" Encourage the student to name the helpers they see in the book.

### Activity 2: Helper & Tool Match-Up Game (5-7 minutes)

Spread out the pictures/flashcards of community helpers on a table or the floor. Place the pictures/flashcards of their tools separately. Ask the student to match the tool to the correct helper. For example, say, "Who uses this hose to put out fires?" (Guide them to match the hose card to the firefighter card). Continue with other helpers and tools, discussing the function of each tool.

### Activity 3: Design a Helper Badge Craft (10-15 minutes)

Tell the student they get to design their own special helper badge! Ask them which community helper they liked learning about the most, or let them invent a new helper. Provide construction paper, crayons/markers, scissors, and glue. Help them cut out a badge shape (circle, shield, star). Let them decorate their badge. They could draw a picture representing the helper (like a small fire or a plus sign for a doctor) or just decorate it with colors. Talk about their chosen helper while they create.

### Wrap-up & Review (3-5 minutes)

Review the community helpers discussed. Ask the student to name one or two helpers and tell you

one thing they do. Look at the helper badge they created and praise their creativity. Optional: Sing a community helper song together or briefly act out what one of the helpers does (e.g., pretend to drive a fire truck, deliver mail).

### **Informal Assessment:**

Observe the student's ability to identify helpers during the activities, match tools correctly, participate in the story discussion, and talk about their craft. Note their engagement and understanding of the concept that community helpers assist others.