

Objective

By the end of this lesson, you will be able to understand the basics of Vikings, including their lifestyle, culture, and achievements.

Materials and Prep

- Pen and paper
- Internet access (optional)

No prior knowledge is required for this lesson.

Activities

- **Create a Viking Shield:** Draw and color your own Viking shield using paper and art supplies. Research different Viking symbols and designs to make it more authentic.
- **Build a Viking Longship:** Use construction paper or cardboard to create a model of a Viking longship. Learn about the different parts of a longship and how Vikings used them for exploration and warfare.
- **Write a Viking Saga:** Imagine you are a Viking warrior or explorer. Write a short story about your adventures, including encounters with mythical creatures or other Vikings.
- **Design a Viking Rune:** Research Viking runes and their meanings. Create your own Viking rune with a unique symbol and meaning. Use it to write secret messages or create a coded alphabet.

Talking Points

- **Viking Lifestyle:** Vikings were skilled sailors and warriors from Scandinavia. They lived in longhouses and relied on farming and fishing for food.
- **Viking Exploration:** Vikings were excellent shipbuilders and navigators. They sailed across the seas, discovering new lands like Iceland, Greenland, and even North America.
- **Viking Gods and Mythology:** Vikings believed in a pantheon of gods, including Odin, Thor, and Freya. They had fascinating myths and legends that explained natural phenomena and heroic deeds.
- **Viking Warfare:** Vikings were known for their fierce warriors and raiding expeditions. They used longships and weapons like swords, axes, and shields to conquer new territories.
- **Viking Trade and Crafts:** Vikings were skilled traders and craftsmen. They made beautiful jewelry, weapons, and tools. They also traded goods like furs, honey, and slaves.
- **Viking Legacy:** Vikings left a lasting impact on European history and culture. Their stories and traditions continue to inspire people today.