

Objective

By the end of this lesson, you will learn about the Vikings, their lifestyle, and their impact on history.

Materials and Prep

- Pen or pencil
- Blank paper
- Coloring materials (optional)

Activities

- Create a Viking Shield:

Draw a large circle on a piece of paper. Divide the circle into four equal sections. Use your imagination to design your Viking shield by drawing patterns, symbols, or animals in each section. Color it in if you like!

- Write a Viking Saga:

Imagine you are a Viking adventurer. Write a short story about your exciting journey. Include details about the places you visited, the challenges you faced, and the treasures you discovered.

- Design a Viking Longship:

Research different types of Viking longships and their features. Use your knowledge to draw and label your own Viking longship. Be sure to include details like the dragon head at the front and the oars at the sides.

Talking Points

- The Vikings were fierce warriors and skilled seafarers. They lived during a time called the Viking Age, which lasted from the late 8th century to the early 11th century.
- Vikings came from the Scandinavian countries of Norway, Denmark, and Sweden. They traveled in longships and explored many parts of Europe, including England, Scotland, Ireland, and even as far as North America.
- Viking warriors were known for their fierce fighting skills. They wore helmets, carried shields, and used weapons like swords, axes, and spears.
- Vikings were also skilled craftsmen. They made beautiful jewelry, carved wooden sculptures, and created intricate designs on their ships and weapons.
- Viking society was organized into clans or tribes, led by chieftains. They had a strong sense of honor and loyalty to their families and their leaders.
- The Vikings believed in many gods and goddesses, such as Odin, Thor, and Freya. They had elaborate rituals and ceremonies to honor their gods and seek their favor in battle and everyday life.
- The Viking Age eventually came to an end, and the Vikings settled in different parts of Europe. Their influence can still be seen today in the languages, traditions, and place names of the countries they once conquered.