

Objective

By the end of this lesson, you will be able to create your own vision board and understand the concept of visual arts.

Materials and Prep

- Poster board or cardboard
- Magazines or newspapers
- Scissors
- Glue stick
- Markers or colored pencils

Before starting the lesson, make sure you have a clear space to work on and gather all the materials listed above.

Activities

- **Create a Vision Board:** Cut out pictures and words from magazines or newspapers that represent your goals, dreams, and things that make you happy. Arrange and glue them onto the poster board or cardboard to create your own vision board.
- **Discuss Your Vision Board:** Share your vision board with a family member or friend. Talk about the images and words you chose and why they are important to you.
- **Add Personal Touches:** Use markers or colored pencils to draw or write additional things on your vision board that are not found in magazines or newspapers. This can be your own drawings, inspirational quotes, or personal affirmations.
- **Display Your Vision Board:** Find a special place in your home to hang or display your vision board. This will serve as a visual reminder of your goals and dreams.

Talking Points

- "A vision board is a collage of pictures and words that represent your goals and dreams."
- "Visual arts is a form of creative expression using images and colors."
- "When creating your vision board, think about what makes you happy and what you want to achieve in the future."
- "Cut out pictures and words from magazines or newspapers that show your goals and dreams. Glue them onto the poster board or cardboard to create your vision board."
- "Discuss your vision board with someone you trust. Explain why each image or word is important to you."
- "You can add your own drawings, inspirational quotes, or personal affirmations to make your vision board even more special."
- "Once your vision board is complete, find a special place to display it in your home."