

Objective

By the end of this lesson, the student will have learned about beauty and how to appreciate it in different forms.

Materials and Prep

- Mirror
- Colored pencils or crayons
- Blank paper
- A collection of pictures showcasing different types of beauty (e.g., nature, animals, artwork)

No prior knowledge is required for this lesson.

Activities

- Activity 1: Self-Portrait

Have the student sit in front of a mirror and draw a self-portrait using the colored pencils or crayons.

- Activity 2: Nature Walk

Take the student on a nature walk and encourage them to observe and appreciate the beauty of plants, flowers, and insects they encounter. Ask them to point out things they find beautiful.

- Activity 3: Colorful Collage

Provide the student with blank paper and ask them to create a collage using the pictures of different types of beauty. They can cut out the pictures and glue them onto the paper.

Talking Points

- "Beauty is all around us. It can be found in nature, in people, and in many other things."
- "When we appreciate beauty, it makes us feel happy and inspired."
- "Everyone is unique and has their own kind of beauty. Your self-portrait shows your special beauty."
- "Nature is full of beauty. Look at the flowers, trees, and animals. What do you find beautiful in nature?"
- "A collage is a fun way to showcase different types of beauty. You can choose pictures that make you smile and feel good."