

Objective

By the end of this lesson, you will be able to understand the basics of Norse Mythology and its significance in Viking culture.

Materials and Prep

- Pen and paper
- Access to a computer or library for research (optional)

No prior knowledge is required for this lesson.

Activities

- **Create a Norse Mythology Timeline:** Research and write down the major gods, goddesses, and events in Norse Mythology on a timeline. Be sure to include important stories and legends.
- **Design Your Own Viking Ship:** Use your imagination and drawing skills to create a detailed Viking ship. Think about the materials used, the shape, and any unique features it may have.
- **Write a Mythological Tale:** Invent your own story inspired by Norse Mythology. Include gods, heroes, and mythical creatures. Be creative and have fun with it!
- **Quiz Time:** Create a quiz with questions about Norse Mythology. Test your knowledge or challenge a friend or family member to see how much they know.

Talking Points

- **The Norse Gods:** The Norse gods were powerful beings who controlled different aspects of the world. For example, Odin was the king of gods and the god of wisdom and war.
- **Valhalla:** Valhalla is the great hall of the slain in Norse mythology. It is where brave warriors go after death to feast and prepare for Ragnarok, the end of the world.
- **Thor's Hammer:** Thor, the god of thunder, wields a powerful hammer called Mjölnir. It is said to be able to level mountains and protect the gods from their enemies.
- **The Nine Realms:** Norse mythology describes a universe consisting of nine different realms, including Asgard (home of the gods), Midgard (the human world), and Jotunheim (the land of the giants).
- **Fenrir the Wolf:** Fenrir is a monstrous wolf in Norse mythology who is destined to play a significant role in Ragnarok. He is the son of Loki, the trickster god.