

## Objective

By the end of this lesson, you will have a better understanding of astrology and its basic concepts.

## Materials and Prep

- Notebook or paper
- Pen or pencil
- Access to Crash Course Astrology videos

No prior knowledge of astrology is required for this lesson.

## Activities

1. Watch Crash Course Astrology videos:

Start by watching the Crash Course Astrology videos. Take notes on the key concepts and any questions that arise.

2. Create your birth chart:

Use an online birth chart calculator to generate your own birth chart. Explore the different elements and symbols in the chart and try to understand their meanings.

3. Research zodiac signs:

Choose a zodiac sign and research its characteristics, personality traits, and compatibility with other signs. Write a short summary of your findings.

4. Engage in a discussion:

Find a friend or family member who is interested in astrology and have a discussion about your findings and opinions on astrology. Share your birth chart analysis and zodiac sign research.

## Talking Points

- "Astrology is a system that uses the positions of celestial bodies to interpret and understand human behavior and personality traits."
- "The birth chart, also known as the natal chart, is a snapshot of the sky at the exact moment of your birth. It provides insights into your personality, strengths, and weaknesses."
- "The zodiac signs are based on the division of the sky into twelve equal parts, each representing a specific period of the year. Each sign has its own unique characteristics and traits."
- "Astrology is often used to analyze compatibility between individuals based on their zodiac signs. However, it's important to remember that astrology is not a scientific method of determining relationships."
- "While astrology can be fun and intriguing, it's essential to approach it with a critical mindset. It's up to you to decide how much weight you give to astrological interpretations."