

Instructions

Welcome to the Heart Worksheet! Get ready to learn all about your amazing heart. Read the questions carefully and write your answers in the spaces provided. Have fun!

1. What is the main job of the heart?

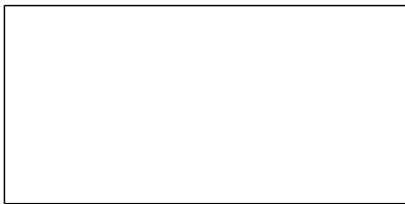
Answer: _____

2. How many chambers does the human heart have?

Answer: _____

3. Draw a picture of a heart in the box below and label its parts (like atria and ventricles).

Drawing:



4. Why is it important to keep your heart healthy?

Answer: _____

5. List two activities that help keep your heart strong.

Activity 1: _____

Activity 2: _____

6. Who can help you learn more about keeping your heart healthy? Write their name.

Name: _____

7. Fun Fact! Did you know the heart is a muscle? Write your own fun fact about the heart!

Fun Fact: _____

Great job! You've learned so much about your heart today!