

## Instructions

Read and reflect on the Ten Commandments of Yahuah below. After each commandment, answer the questions that follow to deepen your understanding and personal connection to these teachings.

### The Ten Commandments

1. You shall have no other gods before Me.
2. You shall not make for yourself a carved image.
3. You shall not take the name of Yahuah your God in vain.
4. Remember the Sabbath day, to keep it holy.
5. Honor your father and your mother.
6. You shall not murder.
7. You shall not commit adultery.
8. You shall not steal.
9. You shall not bear false witness against your neighbor.
10. You shall not covet.

### Questions

1. **Which commandment do you think is the most important and why?**

2. **How can you practice the first commandment in your daily life?**

3. **Reflect on the fourth commandment: What activities do you think would help you keep the Sabbath day holy?**

4. **Explain a situation where you think the sixth commandment (You shall not murder) applies, not just in its literal sense but in a broader context.**

5. **Consider the tenth commandment: What are some ways you can avoid feeling envious of others?**

### Personal Reflection

Write a short paragraph about your overall thoughts on the Ten Commandments and how they might guide you in making choices in your life.

