

## Understanding Respect and Kindness

### Instructions

Answer the following questions thoughtfully. Use the spaces provided to write your responses.

**1. Why is it important to treat everyone with respect, no matter how they look or where they come from?**

**2. What does the word "racism" mean to you? How does it make people feel?**

**3. Why is it not okay to call people names? How would you feel if someone called you a mean name?**

**4. What are some ways we can show kindness to everyone, even if they are different from us?**

**5. If you saw someone being treated unfairly because of their race or appearance, what would you do to help?**

**6. Write one thing you can do today to make sure you're being kind and respectful to everyone you meet.**