

Instructions

Have fun with this Genshin Impact-themed Physical Education worksheet! Complete each activity and answer the questions to become stronger like your favorite Genshin Impact characters!

1. Warm-Up

Before starting any adventure, just like the Traveler, you need to get ready! Do the following exercises:

- Jumping Jacks: seconds
- Running in place: seconds
- Arm Circles: times

2. Main Exercise

Just like the Knights of Favonius, you need to stay strong and active! Answer these questions about your favorite physical activities:

What is your favorite sport or physical activity?

How many times a week do you usually exercise?

3. Cool Down

After intense training, even the Fatui need to relax! Draw your favorite Genshin Impact character stretching below (you can sketch here):

Describe how your character is stretching

4. Genshin Impact Fitness Challenge

Complete this fitness challenge inspired by Genshin Impact characters!

- Run like the Outrider: laps around the room
- Jump like Xiao: high jumps
- Stretch like a Hydro character: seconds

5. Genshin Impact Trivia

Answer this Genshin Impact trivia question:

Which Genshin Impact character is known for their agility and speed?

6. Bonus Activity

Write down three things you learned today about staying active and healthy!

Write your answer here

7. Word Search

Find and circle these Genshin Impact-related words in the grid below:

Write your answer here